



The Federation of Liphook Infant School  
and Liphook CofE Junior School  
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Dear parent/carer,

Across the Federation, we are mindful of the risks that our children may face whilst growing up in modern society. With the prevalence of technology and Social Media, some of these risks are new and different to those that we faced when we were younger. Whilst we understand that thinking about having conversations about this with children - especially our youngest children - can be daunting, we know that having age-appropriate conversations with them from a young age is the best way of keeping them safe. As a result, we are pleased to tell you that **the NSPCC's *Speak out. Stay safe.* programme is visiting our schools to make sure our pupils have the knowledge and understanding they need to stay safe from abuse.**

The NSPCC will be delivering their ***Speak out. Stay safe.*** programme on **Thursday 15<sup>th</sup> March 2018**. This is a nationwide programme for every primary-school-aged child. With the help of their friendly mascot Buddy, they will be presenting 2 separate assemblies - **one to Years 1 and 2 and then another to Years 3 to 6** - as well as class workshops for **Years 5 and 6**.

**"NSPCC has helped me to build the confidence to tell people about my worries and problems." Child's feedback**

### **What is the *Speak out. Stay safe.* programme?**

Through child-friendly, interactive assemblies and workshops their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

We have studied the content of the materials and heard from other schools who have participated and are extremely confident that they are appropriate for primary-school-aged children. By the end of their visit, we're convinced our children will feel empowered – knowing how they can speak out and stay safe.

**"This service provides important information in a child-friendly way – it should be made mandatory in all schools. A brilliant service!" Teacher, Wistaston Primary, Crewe**

If you would like any more information about the NSPCC ***Speak out. Stay safe.*** programme, including frequently asked questions, you can find it on the NSPCC website [nspcc.org.uk/schools](http://nspcc.org.uk/schools) or please look on the school's websites under **Information for Parents**. If you have any questions, please feel free to contact any of us with these.

### **Talking about the Underwear Rule with your children**

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at [nspcc.org.uk/pants](http://nspcc.org.uk/pants)

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website [nspcc.org.uk/preventing-abuse/keeping-children-safe/](http://nspcc.org.uk/preventing-abuse/keeping-children-safe/)

### **NSPCC / O2 E-safety Parent Workshop**

We are fortunate to also be holding an e-safety parent workshop on **Tuesday 20<sup>th</sup> March, from 2.00pm – 3.00pm in the infant hall**. Please see the reverse of this letter for further information. Information about the some of the content of this workshop and more advice can be found online – search for ***nspcc o2 online safety partnership***.

Yours sincerely,

Mrs M Frost

Executive Headteacher

Mr G Braham

Head of School – Infant

Mrs J Taylor

Head of School – Junior

## We're here to help you keep your child safe online

O2 and the NSPCC have joined forces on a mission to help all children and their families in the UK stay safe online. Together, they're offering useful tools, support and guidance to help parents and carers have frequent conversations with their children about their online lives.

### Our free online safety workshop for parents and carers of both Liphook Infant and Junior schools

We would like to invite all parents, carers or family members across the Federation to a free **online safety workshop** at **Liphook Infant School** at **2.00pm** on **Tuesday 20<sup>th</sup> March**. The content covered in the workshops is aimed at adults. Parents with children are advised to arrange childcare if possible.

The workshop will help parents, carers and other adults understand their child's online world, build confidence to have those important conversations that can help keep children safe online and help you know where to go for help and advice.

*"After coming to this workshop today, I realise the importance of having conversations with my child rather than avoid the subject. I didn't know there were things I could do to make it better, I'm so glad I came to this workshop. I will definitely be calling the helpline or going into store to get some help, thank you."*

– Parent who attended the workshop

We are sorry that this workshop cannot be provided in the evening as well but we are restricted by the times that the NSPCC O2 representatives are able to work. If this affects you, please do make use of the links and suggestions below for further support.

If you are able to attend, don't miss out on this great opportunity. RSVP by returning the slip, below, to the Infant School.

Until then, if you need any support or guidance about keeping children safe online, here are a few things you could do:

- Visit our NSPCC - <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/> - and O2 NSPCC pages - <https://www.o2.co.uk/help/nspcc>
- Call our free **O2 NSPCC Online Safety Helpline** on **0808 800 5002**
- Download our Net Aware app on the App Store or Google Play
- Pop into your local O2 store for online safety help from a Guru: <http://guru.force.com/O2DeskStoreLocator> – you don't even have to be an O2 customer!
- Sign up to our icebreaker email series at <https://nspcc.o2.co.uk/>



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Please sign below and return this slip to Liphook Infant School. (This can be done via the junior school if required.)

**Yes please, I would like to attend the free parent e-safety information workshop at Liphook Infant School on Tuesday 20<sup>th</sup> March at 2.00pm.**

Child's year group: \_\_\_\_\_

Name: \_\_\_\_\_

Signed: \_\_\_\_\_